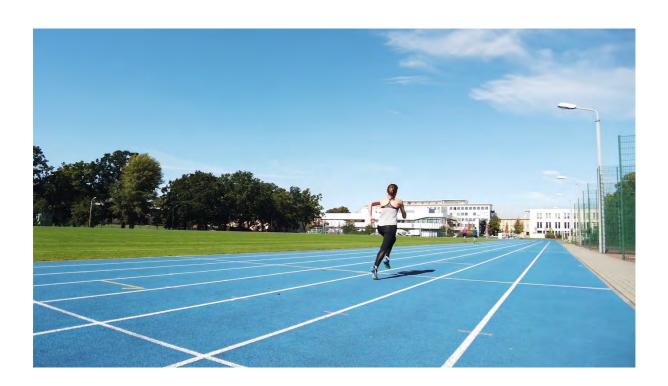


MASTER OF SCIENCE SPORT AND EXERCISE PSYCHOLOGY



Studying Abroad in Leipzig

A Guide for International Students

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BEFORE YOU ARRIVE IN LEIPZIG

Student Visa

To study in Germany, you may need a valid student visa before you can enter the country. While EU citizens are exempted from this requirement, citizens of certain countries are subject to this regulation. Be sure to check if you need a student visa and if so, apply for the visa at the German embassy in your home country.

Learn more: germany-visa.org/student-visa/

Accommodation

It is important to find accommodation before you come to Leipzig. Among the many options to choose from, sharing a flat with others or community living (WG – Wohngemeinschaft) is popular among students across Germany. Not only will you save money but you will also have the support and experience of others, to help you settle in Leipzig. However, rooms in shared flats are in high demand and it is not so easy to find one that fits all your wishes. Therefore, it is advisable to start searching as early as possible. Several websites and apps are available to help you to find a shared apartment.

Here are some links:

wg-gesucht.de immowelt.de wg-suche.de

Facebook groups are also helpful:

<u>LEIPZIG people who have rooms and ...</u>

<u>WG & Wohnung Leipzig gesucht</u>

<u>Wohnung und WG in Leipzig gesucht ...</u>

If you would rather live by yourself, you can also rent an apartment. Leipzig is rising in popularity in Germany and while rent prices are increasing, they are still lower than most other large German and European cities.

Here are some helpful links for your search: immowelt.de immobilienscout24.de immonet.de

A third living option is renting a dormitory room at Leipzig University, administered by the university's Studentenwerk. Dorm rooms are usually located near university campus, include basic facilities and are cheaper than flats or shared rooms. If you are a registered student, you are eligible to apply for a place at a dorm. All you need to do is to upload a signed registration document in English or German to the Studentenwerk platform and fill out some additional forms. All emails are in both English and German. Monthly rent is between €170 and €425, the latter being an exception and the average approx. €250 for most apartments. This sum includes heating, electricity, water, and access to 300 GBs of wired network. A refundable deposit of €300 is required at the beginning of your stay. Each room comes with a bed, a table, a drawer, and a bookcase. Dorm kitchens are small but are functional with a minirefrigerator and cupboards to store your kitchenware. The dorms do not provide bedding, pillows, blankets, curtains, or ethernet cables. If you are going to stay at a dorm, it is a good idea to bring some of these items with you. Please note that you can only check-in and -out of the dorm on weekdays. So be sure to check office hours, email in advance and reserve some time for the paperwork you need to complete, to get the keys for your room. A signed contract is needed before you can collect your keys from the facility man-



ager. Check out plans of the rooms, prices and apply here: <u>studentenwerk-leipzig.de</u>

Travel

After arriving in Leipzig Halle Airport, you can take a 15-minute train ride to the city centre. More information about the airport is here: mdf-ag.com

Leipzig's main train station is the biggest terminal railway station in Europe with 23 platforms, 2 of which are used for subways, making it easily accessible by train. The station hosts a shopping mall with over 140 shops, restaurants, and grocery stores that are open on Sundays, which is uncommon in Germany. For information on trains and tickets visit: bahn.de

FIRST STEPS IN LEIPZIG

Important Registration (Einwohnermeldeamt)

It is important to register at your local Resident Services Office of the City of Leipzig (Bürgeramt, Einwohnermeldeamt) within the first 2 weeks upon arriving in Leipzig. There, you will need to register your place of living and you will be provided with the documents that will allow you to stay in Germany for your studies. It is advised to make an appointment in advance and bring all required documents (passport, certificate of enrolment, landlord's confirmation of residence).

You can find the nearest office and opening times here: english.leipzig.de

If you have a student visa, you will also need to register at the Foreign Registration Office (*Ausländerbehörde*). Here, your visa will be converted

into a residence permit. Further information on the required documents is available at the Resident Services Office.

Getting Your UniCard

The UniCard or student ID is the most important form of identification you will need at Leipzig University. You will use it for borrowing library books, printing or photocopying, getting food at the cafeteria (Mensa), and for public transportation. You will receive your student card when you have submitted all your documents, transferred both the semester and UniCard fees, and uploaded your passport photo. Once your Uni-Card is available, you will receive an email on your student email account. The UniCard will either be sent to the address you have saved on AlmaWeb or you can collect it from the UniCard Service Point at the main campus. You can add credit to your card at special cash machines in the lobbies of cafeteria's (Mensa) located at the different campuses.

For further information go to: uni-leipzig.de/en/studying/current-students/unicard/



DURING THE SEMESTER

Administration Levels

During the semester, you will work with different university administration offices. The university Student Service Centre is responsible for broader matters such as your general application to the program. The faculty handles course enrolment, while each institute covers course. Each administrative level has different contact persons.

University Level

Student Service Centre (Studierenden Service Zentrum)

The Student Service Centre (SSZ) is the central facility for student matters. It is an umbrella for the information, advice and services offered by the Student Advisory Services, the Student Office, the International Centre and work of Studentenwerk Leipzig. There are also six online information terminals and an information desk. The Student Service Centre is located near the main campus at Goethestraße 3–5.

Student Advisory Services (Zentrale Studienberatung)

The Student Advisory Services (*Zentrale Studien-beratung*) provides information and advice on the following:

- Selecting a degree course and orientation
- Selecting courses
- Programme content, conditions, and degrees
- Keeping track of important dates, such as aptitude tests
- Handling issues related to changing universities or degree programmes

Dealing with problems encountered during your studies

Website: <u>uni-leipzig.de/en/studying/guidance-and-services/student-advisory-service/</u>

Address:

Goethestraße 3–5 04109 Leipzig

Email: <u>ssz-studienberatung@uni-leipzig.de</u>

Student Office (Studierendensekretariat)

The Student Office (Studierendensekretariat) provides information on the following:

- Application
- Admissions, enrolment, and exmatriculation
- Re-enrolment
- Leave-of-absence semesters
- Student status documents
- Student status

Website: <u>uni-leipzig.de/en/studying/guidance-and-services/student-office/</u>

Address:

Goethestraße 3–5 04109 Leipzig

Email: studierendensekretariat@uni-leipzig.de

Phone consultation hours: Monday to Friday: 9am-11am +49 341 97-32058



International Centre (Stabsstelle Internationales)

The International Centre (Stabsstelle Internationales) advises international applicants on the following:

- Courses at Leipzig University
- Application and admission procedures (master's programmes)
- Preparatory German language course for refugees wishing to study at Leipzig university
- Applying via uni-assist or AlmaWeb platforms; assistance with completing the application form, deadlines and checking whether your documents are complete

Website:

<u>uni-leipzig.de/en/international/studying-at-leipzig-university/</u>

Address:

Goethestraße 3-5, 04109 Leipzig

Email: international@uni-leipzig.de

Phone consultation hours:

Monday: 9-11am and 3-5pm

Thursday: 9-11am

+49 341 97-32079 and +49 341 97-32080

Student Services (Studentenwerk)

Also known as Leipzig Student Services, *Studentenwerk* Leipzig provides information on the following:

- Housing
- Mensas and cafeterias
- Grants and finances
- Mobility
- Culture
- Counselling

- Mensa card
- International student ID card

Website: studentenwerk-leipzig.de/en

Postal Adress:

Post Office: 100 928

04009 Leipzig

Visiting Adress:

Goethestraße 6, 04109 Leipzig

Email: info@studentenwerk-leipzig.de

Phone: +49 341 9659-5

University IT Services (Universitätsrechenzentrum)

The Computer Center (*Universitätsrechenzentrum*, *URZ*) and its Service Desk provide information and assistance related to:

- Emai
- Wifi and network services
- VPN configuration
- Uni login
- Software for students
- Hardware for students
- PC workstations
- Web services
- Creating websites
- UniCard

Website: <u>urz.uni-leipzig.de</u>

Address:

Augustusplatz 10, 04109 Leipzig

Email: servicedesk@uni-leipzig.de

Phone: +49 341 97 33300



Faculty Level

Study Office (Studienbüro)

The Student Office (*Studienbüro*) provides information and assistance concerning:

- Course enrolment
- Study and examination
- Requirements, applications
- Problems, contradictions

Website: spowi.uni-leipzig.de/studium/imstudium/beratung/studienbuero/

Address:

Building 1, Block T, Room 0026 Jahnallee 59, 04109 Leipzig

Email: info.spowi@uni-leipzig.de

Phone: +49 341 97-31800

Student Council (Fachschaftsrat, FSR)

The Student Council (Fachschaftsrat, FSR) is responsible for providing information and assistance in matters related your studies. Student Council members act as ombudsmen, and are there to help if you feel mistreated or if you encounter problems in your daily life on campus. The Student Council also works on improving the study conditions for the students, so if you have any suggestions, feel free to contact them.

Website: spowi.uni-

leipzig.de/fakultaet/struktur/fachschaftsrat/

Address:

Building 1, ground level opposite of the Guts

Muths gymnasium, 04109 Leipzig Email: fsr-sport@uni-leipzig.de

Phone: +49 341 31781

Instagram: @fsr sport leipzig

Meetings: Monday: 6.30-8pm

Course Enrolment

You need to manually enrol in your courses each semester. The usual workload consists of 30 ECTS (i.e., based on the "European Credit Transfer System", ECTS) per semester. There are recommendations on how to organise your studies in terms of prerequisites and when to take which course. Course enrolment begins approximately 2 weeks before the semester starts, via an online platform **TOOL**. You can use your AlmaWeb account details to log into TOOL. If you have questions or issues regarding course enrolment, please contact the Study Office. If you miss the enrolment deadline, you can fill out a form to inquire with the course lecturer, if there is still space in the course. Once you enrol in a course this means that you also register to take the course examination. If you change your mind, you can also de-register during the semester via the platform TOOL.

Resources at the University

Language Support

Even though the courses will be held in English, it is advised to acquire basic German language skills to make your daily life easier. The university assists you in learning the German language with preparatory courses. At the <u>Studienkolleg</u> Sachsen you can improve your German proficiency in parallel to your studies. Please enquire about current courses and the latest version of the annotated course catalogue. Courses include:

 Specialised courses for students in the humanities, social sciences and natural



sciences, business communication and German language courses for lawyers

- German language practice for students in all disciplines
- Conversation classes for students in all disciplines (basic and advanced courses)
- Writing classes for students in all disciplines (basic and advanced courses)
- Language practice with a focus on grammar exercises (basic and advanced courses)
- Language practice with focus on German pronunciation (phonetics)

To join these courses, you must first register and take a placement test in advance. Please check the *Studienkolleg* website to find out placement test dates and when to enrol for German language courses during the semester.

The Academic Lab

The Academic Lab supports students by offering workshops, online resources, and advising on academic research and writing, as well as strategies for studying and effective communication. All students are eligible to register for these workshops. Note that most workshops are held in German, but some are offered in English. The Academic Lab is a good service to improve your academic skills free of charge.

Website: home.uni-

leipzig.de/academiclab/en GB/

Email: academiclab@uni-leipzig.de

Phone: +49 341 97-30034

Access to Internet

To obtain access to wifi on campus, you need register with the eduroam network. If your home university uses eduroam, you will automatically connect your device with wifi. Stationary computers at the library or computer-pool are also available. If you have any technical issues or questions, please contact or visit the university's computer center at urz.uni-leipzig.de/kontakt/.

Food

Most students go to the cafeteria (*Mensa*) on campus, as the menu options vary daily and include vegan and vegetarian meals – you can get good, cheap food and satisfying portions for less than €3. You can pay for your meals with your Leipzig University student card or with cash. Be advised, that during rush hour at 1 pm, the cafeteria is usually very crowded. Opening hours and daily menus can be checked out at the cafeteria website: studentenwerk-leipzia.de.

Library (Bibliothek)

To work on research or assignments, students often go to the university library on campus, which offers literature on sports, psychology, and educational sciences. At the library, stationary computers, scanners, and printers are available for student use, as well as separate rooms on the second floor for group work. Access to digital resources can be found on the library's website: ub.uni-leipzig.de

Address:

Marschnerstr. 29 E (Building 5), 04109 Leipzig

Email: zberzsport@ub.uni-leipzig.de

Phone: +49 341 97-31789



Opening hours: Monday to Friday, 8am – 7pm

Computer Pool

The computer pool (*PC-Pool*) on the sports campus consists of 20 workstations equipped with software programs for data management, statistics and video editing. Students can do their scientific work and assignments at the PC-Pool with the following programmes:

- MS Office
- SPSS
- Image and video editing

Online Platforms

AlmaWeb

The <u>AlmaWeb</u> online platform offers an overview of course enrolment, grades and courses still required to finish your studies. As needed, you can download important documents from Alma-Web, such as your current certificate of enrolment. Each semester you also need to log in and transfer your semester fee to the platform.

Moodle2

The online platform <u>Moodle2</u> is used by the lecturers to upload supplementary course. You will receive the names and passwords for your online courses during the first lecture or via email. Moodle2 also provides different features such as surveys, exams, or video conferences via BigBlue-Button. It is the most important platform for individual learning and exam preparation.

University Sport (Zentrum für Hochschulsport)

The University Sport Center (ZFH) offers various sport courses during the semester and semester breaks. Most of these courses require students to pay a small fee of about €25 per semester. Other courses called meetings are free of charge. Since the courses are extremely popular and most of have a limited number of spaces, it is advised to register early. Course offers and further information can be found on the website: zfh.uni-leipzig.de

Student Organisations

Leipzig Tutors

Leipzig Tutors are volunteers who assist you during your time in Leipzig. The Tutors organize events and activities throughout the semester and provide help and support when you have questions about life and studies in Leipzig. Not only is this a great opportunity to get to know the city of Leipzig and meet new people, but this is also a chance for one-on-one help with the Buddy Programme. If you register for this programme, a fellow student will serve as your "buddy" and help you with questions before and during your stay in Leipzig. tutoren-leipzig.de/en

Foreign Students Unit (Referat Ausländischer Studierender)

The Foreign Students Unit (RAS) consist of students from different countries who represent the interests of all foreign students and doctoral candidates at Leipzig University, both internally and externally. The RAS organises cultural, political, and social events like parties or football tournaments. It also gives legal, financial, social, and academic advice as well as advice on other problems that



international students might encounter. The organisation also supports your ideas and projects, including cultural events. The Foreign Students Unit also organises seminars, lectures, panels, and campaigns. students-unit

INFORMATION ON LEIPZIG

Leipzig Facts

The 1,000-year-old city of Leipzig presents itself as a young and dynamic metropolis with over 590,000 inhabitants. The city is located about 160km southwest of Berlin at the confluence of the White Elster, Pleisse and Parthe rivers at the southern end of the North German Plain.

Narrative Name: Leipzsch

Urban Area: 297,6km²

Population: >590.000

History

Leipzig is derived from the Slavic word *Lipsk*, which means "settlement where the linden trees stand". The Nazi government officially renamed the city to Imperial Trade Fair City Leipzig (Reichsmessestadt Leipzig) in 1937.

In 1015, Leipzig was first documented in the chronicles of Bishop Thietmar of Merseburg and endowed with city and market privileges in 1165 by Otto the Rich. The Leipzig Trade Fair, founded in the Middle Ages, became an event of international importance and is the oldest remaining trade fair in the world. The city is located at the



New Town Hall, photo: Paul Kapischka, Unsplash

intersection of the Via Regia and Via Imperii, two important medieval trade routes.

A number of monasteries were once located in and around the city, including a Franciscan monastery after which the Barefoot Alley (Barfußgäßchen) is named and a monastery of Irish monks (Jacobskirche, destroyed in 1544) near the present day old Via Regia (Ranstädter Steinweg). In 1409 the foundation of the University of Leipzig initiated the city's development into a center of German law and the publishing industry, and towards being the location of the Imperial Court of Justice (Reichsgericht) and the German National Library (founded in 1912).

The Leipzig region was the arena of the 1813 Battle of Leipzig between Napoleonic France and an allied coalition of Prussia, Russia, Austria, and Sweden. It was the largest battle in Europe prior to the First World War and the coalition victory ended Napoleon's presence in Germany and would ultimately lead to his first exile on Elba.

Leipzig was once one of the major European centers of learning and culture in fields such as music and writing. It became a major urban center within the German Democratic Republic (East Germany) after the Second World War, but its cultural and economic importance declined.



Leipzig later played a significant role in instigating the fall of communism in Central and Eastern Europe, through events which took place in and around St. Nicholas Church. Since the reunification of Germany, Leipzig has undergone significant changes with the restoration of certain historical buildings, the demolition of others, and the development of a modern transport infrastructure.

Leipzig Today



Leipzig's tram, photo: Dirk Pohlers, Unsplash

Today, Leipzig is an economic center, the most livable city in Germany, according to the GfK marketing research institution and has the second-best prospects of all cities in Germany, according to the Hamburgisches WeltWirtschafts Institut (HWWI) and Berenberg Bank. Leipzig Zoo is one of the most modern zoos in Europe and ranks first in Germany and second in Europe according to Anthony Sheridan. Since the opening of the Leipzig City Tunnel in 2013, Leipzig forms the centerpiece of the S-Bahn Central German public transit system. Leipzig is currently listed as Gamma World City and Germany's "Boomtown" (abpedia.org/page/Leipzig).

The diverse cultural scene, lively neighborhoods, many sport and leisure activities and the excellent

transportation system make Leipzig the ideal place to work and study. A particularly cultured attitude towards life is brought to the city by writers, musicians, actors, artists and designers. World class art and culture such as the Gewandhaus Orchestra and the St. Thomas Choir influence the cultural life of the city, along with the German National Library and the Literaturhaus Leipzig as well as many cabaret shows, theatres, cinemas and museums.

The university also enriches the cultural life of Leipzig with its over 450-year-old library, the University Archive, the Art Collection and the German Creative Writing Program Leipzig (Deutsches Literaturinstitut Leipzig). Many visitors are attracted by the oldest botanical garden in Germany, the University's three museums and the teaching collections. The University Orchestra, the University Choir and the Unibigband entertain thousands of visitors each year. International festivals, such as the Bach Festival, the Leipzig Jazz Days or the Wave Gothic Festival also attract thousands of music fans to Leipzig each year.

Landmarks of Leipzig

City tower Leipzig (City-Hochhaus Leipzig)

This 36-story skyscraper was the tallest building in Germany from 1972–1973. The 142m (466ft) tower was designed by architect Hermann Henselmann, in the shape of an open book. It was built between 1968 and 1972. It also contains a viewing platform at the top (€3).

University Church of St. Paul

The Church of St. Paul (*Paulinerkirche*) was a church on the Augustusplatz in Leipzig. It was built in 1231 as the Klosterkirche St. Pauli for the



Dominican monastery in Leipzig. From the foundation of the University of Leipzig in 1409, it served as the university church. The building survived the war practically unscathed but was dynamited in 1968 during the communist regime of East Germany. A new church, the Paulinum, i.e., University Church St. Pauli, was built on the site in the shape of the former church in 2007.



University Church Paulinum

Gewandhaus

The Gewandhaus is a concert hall in Leipzig on Augustusplatz. Today's hall is the third to bear this name. The first concert hall was constructed in 1871, and the second opened 1884 and was destroyed in the bombings of World War II. The third Gewandhaus opened in 1981, 200 years after the Leipzig Gewandhaus Orchestra moved into the original hall.

Monument to the Battle of the Nations

The Monument to the Battle of the Nations (Völker-schlachtdenkmal, or Völki) commemorates Napoleon's defeat at Leipzig in 1813. The 91m (299ft) monument is said to stand on the spot of the bloodiest fighting, from where Napoleon ordered the retreat of his army. A museum about the events prior to the actual battle of the nations as well as

the consequences for habitants of Leipzig is located next to the monument ($\in 4-6$).



Völkerschlachtdenkmal, photo: Dirk Pohlers,

St. Thomas Church

St. Thomas Church (*Thomaskirche*) is a Lutheran church associated with world renowned composers such as Richard Wagner and Felix Mendelssohn, and above all with Johann Sebastian Bach, who worked here as a music director (*Kapellmeister*) from 1723 until his death in 1750. Martin Luther preached here in 1539. The church measures 76 m (249 ft) in length. The St. Thomas Choir of Leipzig (*Thomanerchor*) is a boys' choir founded in this church. The choir to the public every Friday and Saturday.



St. Thomas Church



Old St. Peter's Church

The Alte Peterskirche and Lutheran parish is located in the old town of Leipzig. The present church building, in Gothic Revival style, was built from 1882 onwards at the Gaudigplatz, and serves as a concert venue. The former building was built in 1507 and is Leipzig's tallest church, measuring 87 meters (285 ft).

St. Nicholas Church

St. Nicholas church is one of the major churches of central Leipzig. Construction of the Romanesque style church started in 1165, but shifted to a Gothic-styled church in the 16th century. Baroque elements like the tower were added in the 18th century. The church rose to national fame in 1989 with the Monday Demonstrations when it became the centre of a peaceful revolt against communist rule. It is one of the largest churches in Saxony.



St. Nicholas Church, photo: Maike Ma, Unsplash

Parks and lakes

Leipzig and its surroundings provide many opportunities to relax and enjoy nature: the Leipzig New Lake District (Leipziger Neuseenland) is a giant nature reserve and greenbelt recreation area just outside Leipzig's city limits. It also hosts the biggest amusement park in East Germany, BELANTIS. At the Markkleeberger Lake, there is a wild water rafting park, where you can not only go rafting and surfing but you can also view national and international canoe slalom events. Furthermore, the lake has some beautiful beaches for relaxation. There is also a nice pathway alongside the lake for biking or inline skating. The most popular lakes for swimming and gathering in a group are the Cospudener See (Cossi) or Kulkwitzer See (Kulki).



Karl Heine Canal

Leipzig also has many green areas – numerous parks to relax in, such as the Rosenthal or the Clara-Zetkin Park, located very close to the sports faculty and the largest park in Leipzig. It is divided by one of Leipzig's water pathways, the river Elster. Leipzig's waterways were polluted by industrial waste until 1990 but recent years has witnessed the return of many species of fish, making Leipzig's rivers, lakes, and ponds attractive for anglers. The canals are also perfect for a



canoe trip. Another green area is the riverside forest – the biggest continuous inner-city woodland area in Europe.

Here is a list with the lakes and parks to check out:

Parks	Lakes
Clara-Zetkin-Park	Cospudener See (Cossi)
Rosental	Kulkwitzer See (Kulki)
Lene-Voigt-Park	Markkleeberger See
Richard-Wagner- Hain/Palmengarten	Schladitzer See/ Schladitzer Bucht

Nightlife

Leipzig's nightlife is lively and rich in cultural diversity. The Moritz Bastion (Moritzbastei, MB) located in the city centre next to the main campus is a medieval city fortification, which was excavated by Students of Leipzig University and turned into a student club and café in 1982. Many student parties, such as the Erasmus party for welcoming the international students or other cultural events, take place at the MB.

The Karl-Liebknecht-Straße (Karli) is a long street reaching from the city center to Connewitz in the south of Leipzig. Filled with bars, cafes and restaurants, you will certainly find something you like. The Stuk is another student club that offers reduced prices for students. The Stuk hosts basement parties every Tuesday, as well as quizzes and open reading stages on other dates. Leipzig also has several discotheques in which you can party with your friends and fellow students.

INFORMATION ABOUT THE UNIVERSITY

Leipzig university was founded in 1409, making it one of the oldest in Germany: a comprehensive university with 14 faculties, 460 professorships and 30,000 students. On its ambitious path to becoming a top-ranking European university and internationally recognised research and educational institution for young scholars, Leipzig university draws on an extensive range of subject areas. A tradition of crossing boundaries of traditional academic disciplines and fostering international collaboration and networking with nonuniversity research institutes and businesses forms the basis of Leipzig University's academic excellence. Fourteen faculties with over 130 institutes and centres as well as 17 central institutions, host a range of subjects from the humanities and social sciences to the natural sciences, life sciences and medicine. The university employs approx. 5300 staff, of which 460 are professors and more than 2800 academic staff conduct research and teach. The proportion of women is just under 52 per cent (university) and 61 per cent (Faculty of Medicine). As a university of European standing, the ALMA MATER LIPSIENSIS has attracted scholars of international renown over the centuries such as Christian Thomasius, Johann Christoph Gottsched, Christian Fürchtegott Gellert, Wilhelm Wundt, Wilhelm Ostwald, Paul Flechsig, Theodor Litt, Ernst Bloch, and Werner Heisenberg. Students at Leipzig include famous personalities such as Ulrich von Hutten, Thomas Müntzer, Gottfried Wilhelm Leibniz, Gotthold Ephraim Lessing, Johann Wolfgang Goethe, Johann Gottlieb Fichte, Robert Schumann, Richard Wagner, and Friedrich Nietzsche. Today the list of significant alumni continues with Angela Merkel und Hans-Dietrich Genscher, Maybrit Illner, Kristin Otto,



Clemens Meyer, Uwe Tellkamp and many others. At least 150,000 alumni act as ambassadors of Leipzig University at home and abroad and more than 14,000 are registered in the interdisciplinary alumni network of the university. Leipzig University ranks as the best university in the New States (Neue Länder) and is among the top 25 in Germany in the fourth consecutive year (by the Shanghai Ranking).

The Faculty of Sport Science

The Faculty of Sport Science Leipzig University has held an important place in sport science teaching and research for over a century, with a reputation stretching far beyond the borders of Saxony. With the reestablishment of the Faculty of Sport Science in 1993, the long tradition of sports science teaching and research continued in Leipzig, which ranks among the top German universities in sports science research. The Faculty of Sport Science at Leipzig University is Saxony's largest sport science educational institution, employing approx. 120 staff members with enrolment of approx. 1,200 students in courses of study offered by the Faculty of Sport Science. The faculty generates on average 2 million € in thirdparty funding annually. It offers a total of 10 different degrees in sport science for undergraduate and graduate students. The faculty consists of 12 chairs both in natural and human sciences. Surveys show time and time again: people enjoy studying and working at this faculty. The Foundation of Sport Science in Leipzig began in 1925, when Leipzig became the first University in Germany to create a department for sport science. Herrmann Altrock was responsible for the education of future sport teachers and coaches. Scientific researchers focused on philosophical, historical, and medical questions as well as topics regarding training. Another beneficial side-effect

was the improvement of leisure sport offers for all students of the Leipzig University. After World War II, in 1950, the German University for Physical Culture (Deutsche Hochschule für Körperkultur, DHfK) was founded in Leipzig. This meant that the former Institute of Sport Science became independent from Leipzig University. The significance of the DHfK for education and research in East Germany was outstanding at that time. The campus was built in four construction stages at the same location, where the Faculty of Sport Science is still located today; even some of the old buildings have been maintained. Especially the faculty's west wing, which houses all the gyms of the faculty, remains in function until today. It is definitely worth the time to take a few minutes and walk along the historic hallways and gymnasiums (on the map referred to as Hallen). Another highlight are the numerous historic sculptures within and beyond the campus borders. When the first construction phase turned out to be extremely expensive, the three remaining wings of the campus had to be built in a more functional and less aesthetically pleasing manner. In 1990, just shortly after German unification, the DHfK had to close its doors. Only three years before it shutdown, the fourth and final construction phase had been completed. The main reason for the shutdown was the leading role of the DHfK in the state-organized doping system of the German Democratic Republic (GDR). Today after three years of closure, the foundation of the Faculty of Sport Science was integrated into the Leipzig University and took its place within the halls of the former DHfK. Today, a variety of sports-related careers like physical education, sport science and sport management are available to students.



Chair of Sport Psychology

Professor Anne-Marie Elbe is heading the Chair of Sport Psychology. For further information visit our <u>website</u>. For updates and news make sure to follow us on Facebook and Twitter.

Internships

We offer researched-focused internships for high school and university students. Your internship must be a compulsory component of you school or university's examination regulations. Unfortunately, we do not offer voluntary internships (i.e., non-compulsory internships) at this time.

Teaching

Our teaching staff give lectures, seminars, and tutorials in all courses of study offered in the Faculty of Sport Science, for undergraduate and graduate students. We offer classes for student teachers of physical education in primary and secondary schools as well as students pursuing a degree in sport science or sport management. Last but not least, our teaching staff also contribute to the International Coaching Courses (ITK), a postgraduate study course for coaches and physical education teachers from developing countries as well as to the Intensive Course in Sport and Exercise Psychology, which is hosted annually in cooperation with European partner universities.

ADDITIONAL INFORMATION

Mobility in Leipzig

Here are some of the many different options available for getting around in Leipzig.

Tram (Straßenbahn)

Leipzig's tram system is a quick and flexible transport during daytime. Around the city center and between the campus of the Faculty of Sport Science and the research academy, trams usually transfer every 5–10 minutes. You can find a connection that suits you best via google maps or the website of the local public transportation: l.de/verkehrsbetriebe-en

Tram operations break at night. However, there are hourly buses leaving from the central station at 1.11am, 2.22am and 3.33am.

Bike Rental

Nextbike provides many rental bikes all over the city. The rental system is station-based, which means that you must return the bike to a specific station. There is one station right at the campus of the Faculty of Sport Science as well as several ones close to the Research Academy. 30 minutes costs €1. For further information and registration, check the website or download the mobile app: nextbike.de/en/leipzig



Taxi (cab)

Various taxi companies operate in Leipzig. Here are a few examples:

Löwentaxi: (+49) 341 982222 Taxi-4233: (+49) 341 4233 Taxi-4884: (+49) 341 4884

Using the CeverShuttle app, you can share your ride with other customers who are going a similar direction. This way all customers share the cost, making this probably the cheapest taxi-option. For further information and registration check: clevershuttle.org

Car-sharing

Two car-sharing models are currently available in Leipzig, both operated by the *Teilauto* initiative. The original *Teilauto* car sharing is station-based, which means that you pick up and park your vehicle at specific stations in Leipzig. The new model, called *Cityflitzer*, is a flexible system. On the app or in your browser, you can see the location of available vehicles. After usage, you may park the car anywhere within the zone of operation (i.e., city centre of Leipzig) at free parking lots. For further information, prices, and registration check: teilauto.net

Emergencies

Medical Emergencies

Call 112 in the case of a life-threatening, serious emergency such as a major injury or heart attack. If your situation is still serious but not life threatening, you can call an emergency doctor on 116117 or 19292. Doctors will come to your house in an hour or more and you will be treated on site. Major hospitals in Leipzig include the UniKlinik, St. Georg, St. Elizabeth, Diakonissen-

krankenhaus and Thonbergklinik. <u>Here</u> is the list of doctors who are multilingual.

Stolen Credit Card

If you have lost your credit/debit card or suspect theft, call the nationwide emergency number to block electronic bank cards: 116 116. If a non-German card has been lost or stolen make sure that you contact the provider. It is also important to visit a local police station so that they can block your card additionally for transactions that do not require a pin.

Loss of Items

In the case of lost belongings, you should check the Leipzig's Lost Property Office before reporting missing items to the police. <u>Here</u> are the location and the opening hours of the office.

Culture Shock & Mental Health Issues

The university has a free student-led telephone hotline (Nightline) with late calling hours (week-days, 9pm to midnight). The hotline will listen to your troubles, worries, stress or homesickness and will direct you to further helplines. Dial the hotline: +49 341 973 7777

If you need help with personal or study-related problems, you can always contact the university's psychological and social counselling service without an appointment. Please see their website for further information and contact details.

https://www.studentenwerkleipzig.de/en/counselling-socialissues/psychosocial-counselling



Important Laws

Drinking

Sixteen years of age is the legal age for purchasing and drinking alcoholic low-alcoholic beverages such as beer or wine. You must be 18 to purchase liquor and drinks with a higher alcohol content. Drinking in public space is generally allowed but there are exceptions in places marked with "no drinking" signs. Driving under the influence of alcohol is prohibited. The permitted level of alcohol in the blood while driving a car is 0.5 (i.e., 0.5 mg of alcohol per mm blood) and while riding a bicycle is 1.6. In the case of reckless driving, police will issue fines if you have a blood alcohol level of 0.3 or more.

Driving

A valid driving license is required to drive legally in Germany. Students who have a driving license from a European Union member state or European Economic Area can use their valid national driving licence. Students from other countries will need a translation of their valid national license. After 6 months, they will need to obtain the German driving license. You can find further information on requirements related to the origin of your license on: bmvi.de



Leipzig Skyline, photo:Colourbox