



UNIVERSITÄT  
LEIPZIG

Sports Science Faculty  
International Relations

5-7 SEPTEMBER 2023 IN LEIPZIG, GERMANY

# EUROPEAN AQUATICS COACHING CLINICS FOR HIGH PERFORMANCE SWIMMING: BRIDGING THE GAP BETWEEN SCIENCE & TRAINING

A Biomechanics and Medicine  
in Swimming (BMS) Satellite  
event organised by LEN  
European Aquatics and BMS, at  
the Sports Science Faculty of  
Leipzig University. This event is  
supported by World Aquatics.



5-7 September 2023

**LEN  
COACHING  
CLINICS**

# PROGRAMME

## 5 September

13:00	<b>Registration</b>
14:30 - 15:00	<b>Opening ceremony</b> (representatives of LEN, World Aquatics, Leipzig University, BMS Steering Group)
15:00 - 16:00	<b>Michael Peyrebrune</b> (Loughborough University, GB) "Sports science application: examples of research that has driven best practice in British Swimming in the last 10 years"
16:00 - 16:30	<b>Coffee break</b>
16:30 - 17:30	<b>Lars Johansen</b> (Danish Swimming Federation, DEN) "Interventions to enhance sleep volume and quality for the Danish Olympic swim team before and during the 2020 Tokyo games"
17:30 - 18:30	<b>Santiago Veiga</b> (Polytechnic University of Madrid, ESP) "An in-depth look at the fastest components of swimming races"
18:30	<b>End of the session</b>

## 6 September

09:00 - 10:00	<b>Sander Schreven &amp; Roald van der Vliet</b> (InnoSportLab, NED) "Starts and Turns in Swimming: Applying Science to Practice"
10:00 - 10:30	<b>Coffee break</b>
10:30 - 11:30	<b>James Gibson</b> (World Aquatics, GB) "Race analysis data and its application to the daily training of elite sprint athletes"
11:30 - 12:00	<b>Closing ceremony</b>

## 7 September\*

12:00 - 14:30	<b>Pool side demonstration and engagement with industry partners</b>
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\*depending on the number of participants attending also BMS main event, concurrent with BMS pool side demo (on same day from 14:30 onwards).

# ABOUT

**In close cooperation with World Aquatics Development programme, LEN has set up, for the first time, a programme of coaching clinics for 2023, managed by the Coach education commission together with technical committees.**

## Speakers

- Michael Peyrebrune (Loughborough University, GB)
- Lars Johansen (Danish Swimming Federation, DEN)
- Santiago Veiga (Polytechnic University of Madrid, ESP)
- Sander Schreven (InnoSportLab, NED)
- Roald van der Vliet (InnoSportLab, NED)
- James Gibson (World Aquatics, GB)

# REGISTRATION

## Registration fee: 100,00 €

- Registration fee includes participation's kit, coffee break on 5 & 6 September, lunch on 6 September.
- LEN will waive the registration fee for the first 50 participants of LEN federation countries (max. 1 per European Federation)

**Registration link:** <https://len.evoletics.de>



**SCAN ME!**

# LOCATION

## UNIVERSITÄT LEIPZIG

Sportwissenschaftliche Fakultät (Sports Science Faculty)  
GB Internationale Beziehungen  
Jahnallee 59  
04109 Leipzig - Germany

## Arrival from Leipzig Central Station:

Tram 3 (direction Knautkleeberg)  
Tram 7 (direction Böhlitz-Ehrenberg)  
Tram 15 (direction Miltitz)  
Station: Sportforum Süd

## Your journey to Leipzig:

From Leipzig/Halle airport the tram takes you in 12 minutes to Leipzig Central Station.

The Frankfurt am Main, Munich and Berlin Brandenburg Airports are well-connected to Leipzig thanks to the fast ICE (Intercity Express) trains. [More information](#)

## Accommodation:

<https://www.leipzig.travel/en/book/accommodation>



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